

July - September 2017 Issue

T TAARIFA

Rotary Club of Muthaiga Publication

Service Above Self



Meet The
Rotary Club of Muthaiga

PRESIDENT

2017/18

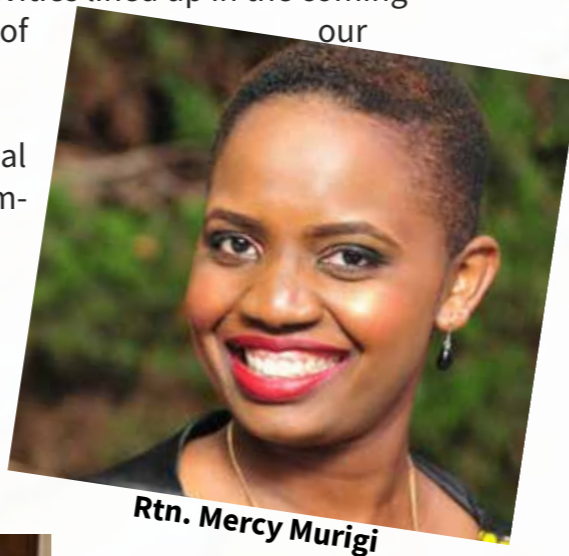
**Welcome to the first 2017/18
TAARIFA Newsletter Issue!**

Welcome to the first issue of the Taarifa Newsletter this 2017/18 Rotary year! Our mission for these Newsletters is simple; we hope to play a key role in telling stories about Rotary Club of Muthaiga; of its activities, members and impact in the community around us, as well as of Rotary's wider bearing. Thereby keeping all informed by producing a resource filled with moments, news, images, write-ups and events that take place throughout the weeks.

This year, we are all about special reports in our cover story section, more about our members under people & profiles, details of each of our projects as project on focus for the issue, a round-up of news from Rotary International, the District and from the Club, regulars under notebook or briefs will tell on notable items from various functional areas & committees. There will also be Rotary moments, life & skills from our contributors, times as captured on camera as well as activities lined up in the coming months; in addition we will have spotlights or highlights of members outside Rotary circles

The editorial team (Mercy, Antonette, Paul, Sanjiv, external members and I) will strive to package ideas, words and images from around us for you valuable readers.

On all levels, we hope to keep you engaged, updated and informed! Feel free to engage with us for better Taarifa. Stay with us—and expect more. Enjoy! Until next issue,



Rtn. Mercy Murigi

Rtn. Njoki Riguga
Publisher
(RCM Public Relations Director
2017/18)



Rtn. Paul Kasimu



Rtn. Sanjiv

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*Rotary Club of
Muthaiga*
BOARD 2017/18



Note

Welcome to our new-look redesigned Taarifa Newsletter. We hope that you will enjoy our new layout and enriched content.

Indeed, time flies by. Three months have already passed since the installation of the new board under the stewardship of President Kuria Waithaka. A lot has been achieved during this short period. This issue of the newsletter focuses on what we have done so far and the big exciting plans the new board has in store for Rotary Club Muthaiga.

We sat down with our new president for a candid chat about his life, dreams and vision for RC Muthaiga. The club had been honoured with one-year leadership by PP Agnes Kiraithe who did a tremendous job of guiding RC Muthaiga in 2016/17. As she reflects on the past year. Past President Agnes shares with readers the enormous challenge of leading the club and the lessons learnt during her tenure.

The board has, indeed, quickly settled down to business. The board members highlight on what they wish to achieve in their different areas. Giving to The Rotary Foundation is also key to Rotary; four of our Rotarians who have already become Paul Harris Fellows this year remind us on the importance of giving to Rotary.

We also invited a group of new Rotarians, Kanyana, Otolo, Sylvia and Peter to share with us some insights into their interesting personal lives and on topical areas in their professional careers. Together, they pool several years of solid experience in their areas of expertise. We also tell you something about our project in Nderi, Kikuyu, Kiambu County and John Kaheni with the Rotaract Club of Muthaiga.

RC Muthaiga was well-represented at Rotary's biggest get-together of 2017 in Atlanta, Georgia, USA. The five-day convention

brought together some 33,000 Rotarians from around the world and was an excellent opportunity to renew friendships, find inspiration, and celebrate The Rotary Foundation's 100 years of Doing Good in the World. We are now gearing up to join fellow Rotarians in the June 2018 Toronto Convention and we aim to turn up in big numbers. The 93rd DCA in Naivasha in April 2018, is quickly approaching. As a club, we are working closely together to ensure that RC Muthaiga is represented in large numbers and fully participates in the convention.

We continue to open our doors to new members and we value feedback from our guests. Please keep the info coming!

Finally, as always, this issue is a celebration of what we stand for at Rotary: Service above self.

Antonette Miday
Managing Editor.



EDITORIAL TEAM

Publisher - Njoki Riguga | Managing Editor - Antonette Miday | Features Editor - Mercy Murigi | Photographers - Sanjiv Soni & Rikkie Tumaini | Designer - Victor Muto & Njoki Riguga | Distribution - Paul Kasimu



Rtn. Kuria WAITHAKA

President - Rotary Club of Muthaiga 2017/18



President Kuria Waithaka takes a rare break from his busy schedule to talk to Taarifa about his passion for service to humanity, priorities, big plans for RC Muthaiga, and his love for his family.

The Rotary Club of Muthaiga marked its 20 years of serving humanity at a dinner held on 26 May 2017, at the Muthaiga Country Club in Nairobi. The new president, Mr. Kuria Waithaka, was installed at the colorful ceremony graced by Dr. Julius Muia, the Director-General, Vision 2030. Dr. Muia highlighted the importance of service to humanity and stressed the need for increased collaboration with the government/other stakeholders. Also present were Rotarians PDG Richard Omwela, DGE Jeffery Bamford, and DGN Joe Otin, Charter President Salim Manji and more than 160 guests, including members. The guests were presented with indigenous tree seedlings ahead of the World Environment Day, which was commemorated on 1 June.

1. Who is Kuria Waithaka?

Kuria is many things to many people --- a husband, a father, a mentor, a friend, a leader, a Rotarian, an introverted extrovert (yes, a contradiction in terms), a 'mellow choleric', a stickler for rules, procedure and order. Most importantly, he is a man who has been called to bless the world and make it a better place. Everything I do ultimately aims to be of service to others.

2. Tell us about your professional life...

I'm a legal and corporate affairs practitioner with extensive experience in corporate and commercial law, compliance, corporate governance, regulatory affairs, company secretarial practice and risk management. Over the years, I have also been privileged to learn, engage and support different professional realms.

3. What about family life?

I have two lovely ladies in my life, my wife Iminza and my daughter Wamaitha aka 'Daddy's girl'. I come from a close-knit family. My immediate and extended family forms the nucleus of my life. We get on like a house on fire.

4. How did you get into Rotary & why?

I always wanted to serve, especially in a structured manner (as noted earlier, I like order). I was

first introduced to Rotary in 2000 by a close friend, who invited me for a club fellowship (the club was still in formation). However, my focus at the time was on my nascent career. I had a demanding job and couldn't find time to dedicate to Rotary. The call to serve came knocking again, 14 years later, and this time I felt ready to commit. I visited RC Muthaiga on the recommendation of my sister-in-law, who had previously served as the club president. It would soon become my home away from home. I have not regretted the decision to join Muthaiga, it has been instrumental in transforming my life. Within a year of becoming a member, I took up a board role and before long I was 'lined up' to take up the leadership mantle. I never shy away from a challenge, and I took it up with gusto and here we are!

5. What do you have in store for 2017/18?

I would like to build on the great work done by my predecessors and grow the club in terms of quality of membership and having all hands on deck to deliver on the various 2017-2018 goals. We (it's a team effort!) aim to interest people who may not know anything or know very little about Rotary, with the aim of encouraging them to join us. We hope to attract new members by having exciting fellowships, which bring on board inspirational guest speakers and also transformative projects and similar activities. We will make everyone comfortable at the RC Muthaiga. We will partner with other clubs and jointly undertake activities to enable us to achieve scalability of projects and by extension positively impact society. In the process, we will have fun, grow and broaden our networks.

6. What were the key highlights of your installation? Vision for RCM?

My installation was a double celebration. The club was celebrating its 20th birthday and I was being installed as the ...th president. It was a special night. I was humbled to have a number of charter members, including the Charter Chairman in attendance as well as PDG Richard Omwela, DGN Jeff Bamford, DGND Joe Otin and Club member

PDG Kaushik Manek. I got an opportunity to articulate my agenda on environmental conservation (RI focus area in 2017-18). I used the platform to encourage tree planting by distributing various indigenous tree species seedlings gratis for guests. A number of us (yours truly included!) also received our Paul Harris Fellow recognition. Dr. Julius Muia spoke about how the Rotary areas of focus are aligned in many ways with Vision 2030. He encouraged Rotarians to keep the fire of community service and doing good burning and in the process be enablers of economic, political and social growth.

My vision is for a club that taps into its collective experience and rich diversity to impact society in various realms. I also want to grow leaders from my club, who can take up various roles at district level and beyond. There is a lot more I can say.

But actions speak louder than words...watch this space!

7. So far, what has been your experience at the helm of RC Muthaiga?

It's been a roller coaster ride (and I like thrills!) There are many moving parts in Rotary and leading a club - a president has to have visibility over all the various elements and functional areas. Rotary consumes me (that's what happens when I'm passionate about something). I have a great team and

we are working in sync and getting a lot done. Rotary leadership roles are a true test of leadership as they call upon all your energies and stakeholder management skills and life experiences to keep the train moving. I like it. It would be remiss of me not to mention the massive support I have received from my club members, my fellow club presidents, the Kenya Country Office and the district leadership. It gives one comfort that one is not alone in this journey.

8. At the end of 2017/18 Rotary year, what would you like said or done?

That I lived out the Rotary theme for the year - 'Rotary: Making a difference' and that I made that difference and was also that difference! I also want to be known as a president who added a spark to the club and the Rotary world by doing things a bit differently - enhancing the visibility and making it a paragon of what a Rotary Club

should be. We want to be known for playing our part in enhancing the public image of Rotary.

9. What are you bringing to the Rotary presidency?

My personal motto is 'Excellence and impact in service'. I would like this reflected in everything I do during the year. I want to enhance the vibrancy of the club and leverage on its diversity to be a force for good. I am passionate about the environment and I want to use this to protect and preserve green spaces.

10. When you are not working or on a Rotary engagement, what are you likely to be doing?

A number of things (sadly, rest is not one of them!) I exercise and this takes many forms - cycling, running, swimming and fitness training; I hang out with family. I also do bird watching (yes, birds of the flying kind!); I listen to and indeed, sing along to Country music; relax with a book and a mocha; watch an episode of Hawaii Five-O, Royal Pains or Auntie Boss...I know that last one got you. I mentor in career and family life; I'm involved in conservation (with Nature Kenya and Friends of City Park; I help out in my church, Nairobi Chapel; I try to make time to catch up on current affairs; I participate on some boards and professional association committees and public service bodies.

11. Any passions? What drives you?

Yes, positively impacting on society through mentoring young people in family life, career and community service, these include Rotaractors. I am humbled when younger folks reach out to me for mentorship on various aspects of life and time allowing, I always oblige. I get elated seeing those that I have engaged with, excelling in various spheres of their lives and they, in turn, positively impacting the lives of others - makes for a better world. I also believe in justice and there are a couple of instances that I have fought injustice at the workplace (e.g. challenged a denial of rights), a neighbourhood or community (e.g. fighting public land grabs and environmental degradation).



Life After Presidency
IPP. Agnes Kiraithe

- R**elaxing for the first time in a year. Being in a position to attend a meeting without having to worry about the speaker, duty allocation, attendance, etc.
- E**nergy levels are very high after a year of learning new things about Rotary. It is like the recovery after doing a much waited for examination.
- F**idgety and wanting to serve but one must practice self-restraint to allow the new team get ahead as it is for the club's good. It feels like a captain without a battalion.
- L**ooking back one sees great things accomplished but also several things that could have been done differently. The wisdom at the end should have started but such is life.
- E**ase in relating to all levels in the Rotary hierarchy. It is like the penny finally dropped 'ah that is what Rotary is all about!'
- C**onnection with all the club members on an individual basis. The feeling of understanding the value of our diversity.
- T**eams in Muthaiga give outcomes that are greater than the whole. Community service is a key driver. Still looking for the one activity that shall put all 66 members in the same room one day!
- I**nduction process is missed. Getting to watch an inquisitive first time guest grow into an active member of the club is gratifying and almost addictive!
- O**lder Rotarians still a concern in getting them to remain active and connected to the club as Rotary is sure a life's journey. We cannot tire of doing good in the world.
- N**ostalgia for the title 'Madam President' it ended too soon

What is your inspiration for giving to The Rotary Foundation?

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RTN. PHF WENDY MALINDA

I'm blessed abundantly and I would like to share what I have to make someone else's life a little better. Rotary Foundation is the perfect avenue for me to do so knowing the impact of my donation is multiplied thanks to the grant system and partnerships Rotary has. The financial accountability and transparency gives me the comfort that my funds will not be misappropriated.



RTN. PHF LORNA MBATIA

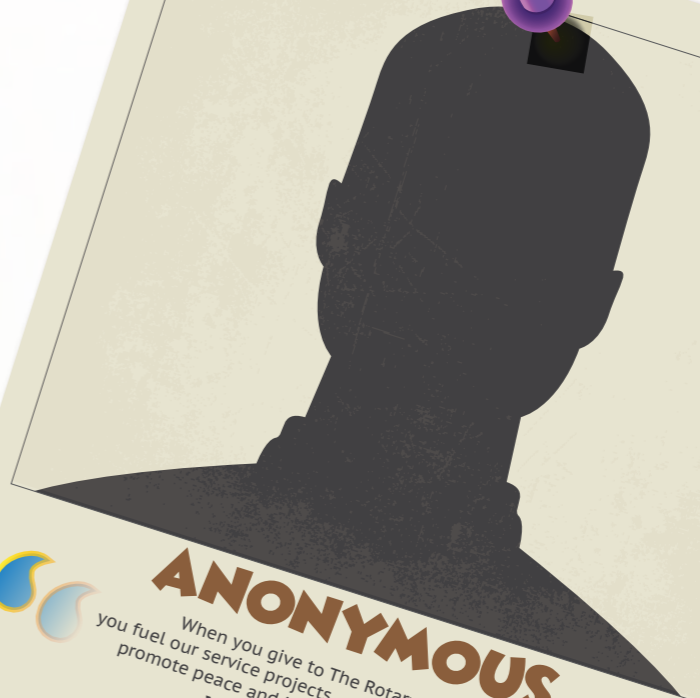
My motivation for giving is based on the idea that a candle loses nothing by lighting another candle. It is also always my pleasure to make a contribution in making the world a better place to live in

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RTN. PHF JIMIA YASSIN

I have seen how Rotary has transformed lives in Turkana North by introduction of agriculture in the desert through The Rotary Foundation



ANONYMOUS

When you give to The Rotary Foundation, you fuel our service projects – projects that eradicate polio, promote peace and improve developing communities

www.rotary.org

People & Profile

Name: Richard Otolu

Nick name (if any): Richy

Years in Rotary: 0.5

Current profession: IT Security Manager I Lab

What is your life mantra?

Add value to people

Biggest life regret so far?

I once had the opportunity to work for Orange Telkom but I was a bit hasty in choosing what seemed a more lucrative offer but turned out not to be so.

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Fame or fortune?

Fame

What is your personal definition of success?

Fulfilling my life's purpose

What is the one global challenge do you think if significantly reduced would have the biggest positive effect?

Climate change

Why Rotary?

I feel rotary has the structures and processes to address some of the greatest challenges affecting humanity.

If you were given the power to drive change in Rotary, what one thing would you change?

Every new member would be roped into an ongoing project from day one

Who or what are your biggest influences to who you are today?

My mother, my High school maths teacher, John Maxwell

What one book would you recommend for anyone to read?

360 degree leadership by John Maxwell

What 3 qualities/ words describe you?

Loyal. Trustworthy. Determined

Plans for the next 5 years

- Get married and start a family
- Get a PhD
- Start a consultancy practice

Dressing: Simple and comfortable vs elegant and outstanding?

Simple n comfortable

Sports: Running or swimming or hiking or sleeping?

Running

Which super power do you wish you could have?

Learn whatever I want to in an instant

Current song on replay?

Hey ya

A public figure/celebrity that you would love to meet?

Former VC of Kenyatta University, Olive Mugenda

If you could change anything in your earlier years of life/early adulthood, what would it be?

Socialize more

Favourite quote

Leadership is having a compelling vision, comprehensive strategy and relentless execution.



Favourite holiday destination

Anywhere with a golf course

Series? Movie? Documentary? Read?

Documentary and read

Late night or early morning person?

Early morning

Which one would you like more, a great book or great movie?

A great book any day

Crazy fact #1...

I have two degrees one in Telecommunications and the other in Electrical engineering



Name: Kanyana Muriuki

Years in Rotary: 1st Year

Current profession: Water Engineering/Plumbing Expert

What is your life mantra?

Live well by doing good

What would you say is your biggest achievement so far (other than being a husband/wife/parent)?

Being a business person and still it

Biggest life regret so far?

Not having many children earlier

Biggest risk you have taken to date?

Crap! Just realized I haven't taken any big risks in my life. Let me plan on one. Biggest decision is in business; decided to hang in the construction industry and not bribe for work.

Fame or fortune?

Fortune

What is the one global challenge do you think if significantly reduced would have the biggest positive effect?

Carbon emissions!

Why Rotary?

It's great place where people meet and conspire to do good.

If you were given the power to drive change in Rotary, what one thing would you change?

Nothing so far; the intentions are on point

Who or what are your biggest influences to who you are today?

My Dad and Wangari Mathai

What one book would you recommend for anyone to read?

Daring Faith - Rick Warren

What 3 qualities/ words describe you?

Loving, cheerful and hardworking

What is the best thing about being Kenyan/or living in Kenya?

Best thing about Kenya is our diversity and the weather.

Plans for the next 5 years

Personal Grow my Giving and maintain above a 4 pack
Grow our company Pro Plumbers to be the Premier plumbing company in East Africa.

Dressing: Simple and comfortable vs elegant and outstanding?

Simple and comfortable

Sports: Running or swimming or hiking or sleeping?

Basketball

Holiday: Sandy beach or coolness of nature walks and camping or adventure and adrenaline filled?

Sandy Beach any day

Which super power do you wish you could have?

Flying

People & Profile

Current song on replay?

Ni kwa Neema tu- Christina Shusho

A public figure/celebrity that you would love to meet?

Mwai Kibaki & definitely Jesus if it counts

Best cuisine

Githeri

Best drink

Ukwaju

Favourite quote

The best way to predict the future is to create it ...
Abraham Lincoln

Favourite animal

Cat

Favourite holiday destination

Diani

Current or last watch? Series? Movie? Documentary? Read?

Collateral Beauty

Late night or early morning person?

Morning Person

Which one would you like more, a great book or great movie?

Great Movie

What is your ideal outfit to a sunny weekend afternoon at a barbeque with friends?

Pair of Shorts, T-shirt and a pair of Sandals

What is your personal definition of success?

Being happy with every step of ambition

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RTN LOISE MUKIRA
Transferred from Rotary Club of Nairobi North
to Rotary Club of Muthaiga



HONORARY RTN. MARTIN ODUOR-OTIENO, CBS
Pinning of Honorary Rotarian
Martin Oduor Otieno

**Honorary Membership
Martin Oduor-Otieno, CBS**

As a common but exceptional practice among established groups, without meeting the constituted membership requirements, individuals can be distinguished by being awarded Honorary membership status in recognition of their outstanding contribution to the society and more specifically if the contribution is in line with the vision and focus areas of the awarding establishment.

Rotary Club of Muthaiga is pleased to present the 2017-2018 Honorary Member of the Rotary Club to Martin Oduor-Otieno. His profile seamlessly fit with Rotary, with his focus being on growing the leadership capacity within Kenya and beyond. With good leadership and governance, then success on any mission is inevitable.

We as a club and the entire Rotary fraternity are looking forward to 'Making a Difference' together!

Salut to Mr. Martin Odour-Otieno, Salut to Rotary Club of Muthaiga, Salut to Rotary the World Over!!

BIO

Martin Oduor-Otieno, CBS Martin Oduor-Otieno is currently an Independent Business Advisor, Executive Coach and Accredited Governance Auditor. He is Founder and CEO of The Leadership Group Limited under which he provides these services. Prior to this he worked with Deloitte East Africa, based in Nairobi, Kenya, where he served as Partner, Financial Services Industry from May 2013 until December 2015. Between October 2005 and December 2012 he worked at Kenya Commercial Bank (KCB) Group, initially as Deputy CEO before becoming the Chief Executive Officer and member of the various Group and Subsidiary company boards. Prior to this he spent 11 years at Barclays Bank, in various senior positions in Kenya and South Africa. He is well versed with the African business landscape. He has also served as Permanent Secretary in the Ministry of Finance & Planning and The Treasury in the Government of Kenya between 1999 and 2001.

He currently sits as Non-Executive Director on the Boards of Standard Bank Group, East African Breweries Limited, British American Tobacco Kenya Limited, GA Life Insurance Co as well as the International Senate of SOS Kinderdof and SOS Children's Villages Kenya. He has served previously as Chairman of the Institute of Certified Public Accountants of Kenya. He has been awarded the national recognition, CBS as well as an honorary Doctor of Business Leadership degree by KCA University for his contribution to national development and to sound leadership. He holds a Bachelor of Commerce degree from University of Nairobi, an Executive MBA from ESAMI/ Maastricht Business Schools and is an Alumnus of the Harvard Business School's AMP. He is also Fellow of Institute of Certified Public Accountants of Kenya, a member of Institute of Certified Public Secretaries of Kenya and Institute of Directors of Kenya. Martin has a passion for leadership, governance, mentorship and coaching and in 2012, launched his biography titled...."Beyond the Shadows of my Dream" which is available on Amazon.

Project on Focus

Project Name:

1. Nderi

Location

Kikuyu

Project Duration & Scope:

2 Years

3 Sub-projects :

- Construction of a borehole, setting up a pump and water distribution (all complete except water distribution)
- Electrification of Nderi Primary School (complete)
- Construction of a school administration block (None-TRF).

Project Partners

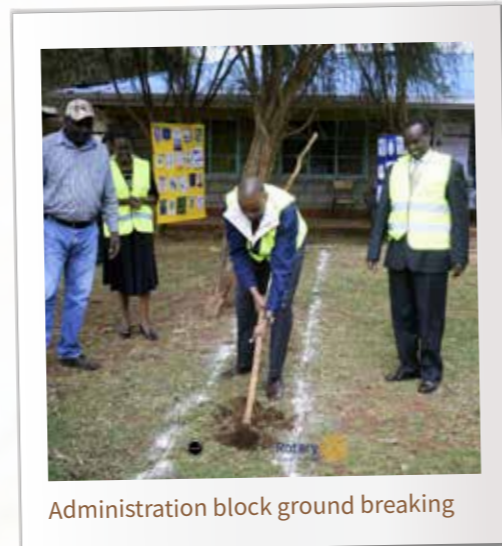
- Global Grant with the Rotary Foundation and the Rotary Club of Uelzen Germany
- Global Grant with the Rotary Foundation and the Rotary Club of Uelzen Germany
- Matching project between Rotary Muthaiga, Rotary Club of Uelzen and a German Charity known as Bingo

Project Lead & Team Members

- PP Eng. Kamunyu Kahenya (Project Founder and Engineer)
- Rtn. Athar Ahmad Bhatti (Project Lead)
- PP. Eng. Isaac Gitoho (Project Engineer)
- Rtn. Alexander Muchugia (Sub project Lead)
- Rtn. Stanley Maina (Sub project Lead – Admin Building)
- Rtn. Kanyana (Sub project co-Lead – Admin Building)
- Rtn. Sandra Bomett - (Project Treasurer)
- Rtn. Audrey Khaleji – Member
- Rtn. Reuben Mwangi - Member
- PP. Agnes Kiraithe – Project Advisor
- PP. Hans Scholl – Project Advisor
- PP. Rakhee Kantaria – Project Advisor and Architect
- PP. Jane Mung'oma – Project Advisor
- PDG Frank Ehlers – Germany (International Project Lead)

Rotary International Focus Area

- Water & Sanitation
- Basic Education & Literacy
- Economic & Community Development



Administration block ground breaking

Project on Focus

Project Summary

- A borehole for the community with water storage and distribution providing to 500 families in the area opened by the immediate past DG.
- A school library and computers for a computer lab in Nderi Primary School
- An administration block housing the headmaster, his secretary and the computer laboratory
- Recent- the ground breaking of the administration block project (by DG. Peter Mbui)

Amount Funded/Expended

Entire project approx. 100,000 USD

Key Achievements

Borehole and Pump Complete
Electrification of Nderi Primary School

Actions Moving Forward / Schedule

Construction of Admin Block
Completion of water project (Reticulation)

Funding Moving Forward

All funding catered for in the project





In Memory of

Rtn. Sam Owori
Rotary International President Elect



“To live in the hearts and minds of those you leave behind is to cheat death”. Sam you too have transcended; cheated death- you will forever be on our minds

PDG Eric Kimani

“In the struggles that we share, we grow close because we care. The thought of losing our friend, RIPE. SAM AWORI has hit us all hard. It also reminds us of our own mortality. How much time do we have? We don't know. Rtn. Sam was a gift to the world. We have lost a great leader. We therefore commit to uphold his thoughts in regard to turning the world the right side up! ...”

Rtn. Jaq Wasonga (James Bond)

“... We who are still in this race shall soldier on and continue to touch and impact society just like you did! You set a high standard and we shall maintain that in our Rotary works...”

Rtn. Sandra Bomett





The one thing I would like to have achieved in my scope by the end of Rotary Year 2017/18 is ...

Secretary- Wendy Malinda
"To just have had the work done"

Treasurer – Sandra Bomett
"To have collected 100% dues, carry forward nil balances and ensure proper books kept"

Public Relations Director – N. Njoki Riguga Kiama
"To have beautifully told of Rotary Club of Muthaiga stories: of its members, its activities and its impact essentially have the whole Rotary story visible online & offline"

Administration Director – Sylvia Moraa
"To have kept members engaged and educated by the speakers brought as aligned to the monthly themes"

Membership Director - Reuben Mwangi
"RCM being more of a family as opposed to being just a club"

Service Projects Director – Athar Bhatti
"To have encouraged and empowered at least five members who can take up service projects director role, therefore ensure sustainable leadership for the next five years"

The Rotary Foundation & Fundraising Director - Sonia Raja
"To have had at least 7 PHFs"

New Generations Director – Cecil Kang'ara
"Have had more constructive interactions between Rotary Club, Rotaract Club and the three Interact Clubs"

Increase to Ramp up Rotary Membership Drive

After years of surging numbers in new members, a slowdown is being experienced by Rotary International. Over the last three years, Rotary membership has more or less remained constant at the 1.2 million mark, according to Geeta Manek. However, the scenario is different for Rotary Africa. At zone level particularly 20A, - the numbers are steadily increasing with a significant rise in gender balance. However, there is a real danger in clubs recording an increase becoming complacent. Like the case globally, the biggest challenge for the clubs and district lies in the retention of existing members.

Last year Rotary globally welcomed about 160,000 new members. Unfortunately, one of every 10 new members terminated their membership within the first year. In addition, about 150,000 existing Rotarians left Rotary.

There is therefore the need to proactively engage existing members, to ensure that the club experience remains relevant, fun, engaging and adds value. There is also need to for clubs with active membership to reach out to clubs facing challenges with retention of members so that they can grow together.

24 “A Rotary club is like running a business. If your employees understand your expectations and directions they usually respond in a positive and productive manner, but if they are confused and your company shows a lack of consistent direction, they become unproductive. They will form a negative environment, productivity will go down as will the morale - eventually this will be communicated to the customers directly or indirectly, leading to losses.”

There is need to constantly review how clubs are doing to ensure they remain relevant. However, while doing this, clubs should ensure they do not lose sight of Rotary goals or compromise the ideals of Rotary.

Rotary members are the club's biggest assets; they are the ambassadors of Rotary and should therefore reflect this in all facets of their lives.

‘As much as I love Rotary and all that it stands for - this plateau is not very exciting, she adds that this shows that Rotary has not recruited new members in the last three years.

While is not entirely true because it would have meant that no club in the world has invited and inducted any new members. She says that what it simply means is that while recruitment of new members is happening, the attrition rate of the same number, keep our figures constant.

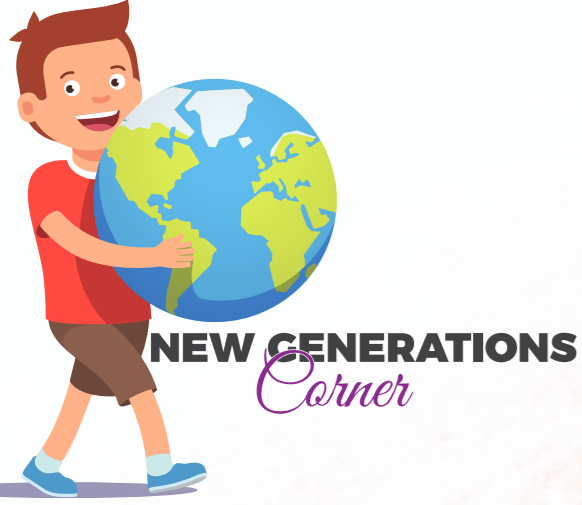
“I think that to be relevant as Rotarians and to be proud members of our unique and powerful organization, we must grow as an organization - A cultural shift needs to happen at club and District level, we are all influential people we can go back and inspire and cause positive change”, said Mrs. Manek.

Mrs Manek made a passionate An underlying message that runs throughout all this is that, more than ever, Rotarians need to go back to our clubs and stop talking about bringing in new members - Let us go back and actually bring in and purposefully create opportunities for our members to invite like-minded potential members. To be successful and thrive for the next one hundred years, we must attract new members these must include younger professionals, more women, alumni and recent retirees.

So we must also create a good healthy balance in terms of diversity, age and gender. Let us grow our clubs and work harder at engaging our older members.

One of our greatest challenges is to better understand what type of expectations our new members have. We need to take time and analyze what attracts new members and what keeps them in Rotary. One of the foremost needs of our new members is a strong desire to feel that they are spending their time wisely - new members need immediate productivity - if they feel that something or someone is wasting their time they have a tendency to avoid them. They challenge us daily to teach them Rotary at a quicker pace. We have to constantly prove to them that they should be a part of our organization. Too many times we don't take the time to reach out and help them become part of Rotary.

Membership



JK Residence with Rotaract Club of Muthaiga #BeExtra



John Kaheni Residence/ Mothers Mercy Youth Mentorship Project

JK Cargo Human Care empowers teenagers and young adults from disadvantaged backgrounds by enhancing their abilities. Its long term objective is the sustainable integration in the Kenyan society and a self-determined life for the young people. They provide professional, emotional and financial support to these young people as they start planning the next step in transitioning from a children's home and school to the adult world and a self-determined world. The residence in Ndenderu houses youth (19-25 year olds) and is an exit home for Mothers of Mercy (Children's home in Limuru). At JK the youth are equipped with soft skills and are prepared to start adult lives. The residence is named after John Kaheni who was a child living at Mother of Mercy and died of heart failure. He was known for his resilience and positive drive despite living with the congenital illness.

On 23rd of September 2017, Rotaractors organized an event with games and cooking. The youth shared their dreams and interests with everyone and anyone was welcome to give their advice or to give a contact that could help with ideas about a school/internship. The event ended at 7.30pm with a debrief with the social workers who take care of the youth. It was agreed that Rotaract will visit the home three more times this year and two times next year.

Next meeting will be on preparation

17th November 2017, the topic CV writing & interview



Interactor from ISK became a PHF

Led by Interact Club Leader Linda Henderson, Interact Club of ISK visited Rotary Club of Muthaiga on 25th September 2017 where they presented their plan with a mention on Rhodia Mann Samburu project, OVC Christmas & Easter Party with an upcoming movie show aimed at supporting the projects.

Earlier in September Rotaract Club of Muthaiga had visited Interact Club of ISK for a Joint fellowship.

RCM couldn't have ended the Basic & Literacy month of September any better!

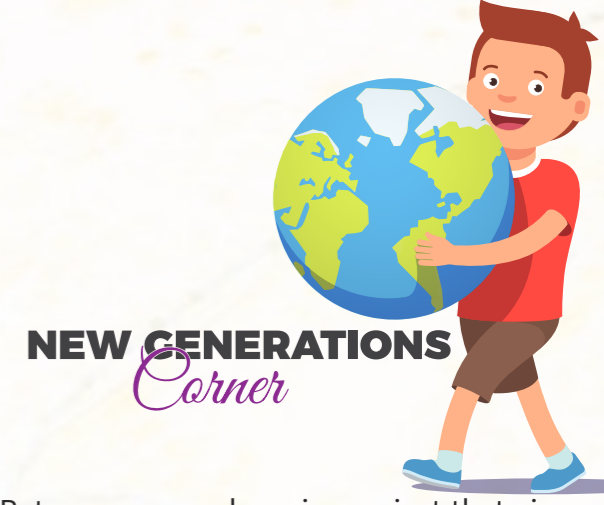


Interact ISK at RCM fellowship



Rotaract Muthaiga at Interact fellowship

Fellowship with Interact Club of International School of Kenya (ISK)



Strategic Leadership Rtn. Peter Kinyanjui

There are many leadership styles and strategic leadership is one of them. Strategic leadership presumes a shared vision of what an organization is to be, so that the day to day decision making or emergent strategy process is consistent with this vision. However, we cannot write about strategic leadership without bringing in strategic planning. This is because strategic leadership traces its roots to strategic planning. There is no strategic leadership without strategic planning because a strategic leader is a strategic planner.

BACKGROUND

The first and most important step to take in discussing strategic leadership is to understand the term strategy. As a concept and a practice, strategy is as old as Sun Tzu's treatise on "The Art of War" and as new as the latest planning methodology promoted by some consulting firms. But for all except the last thirty five years of these more than two millenniums, it has been largely confined to the military and geopolitical spheres. Only in the middle of late nineteen sixties did "strategy" become a popular term in the corporate vocabulary and armory.

DEFINITION

Webster dictionary gives a definition of the term; it defines strategy as the science of planning and directing large-scale military operations, specifically (as distinguished from tactics) of maneuvering forces into the most advantageous position prior to actual engagement with the enemy. You will notice that the term strategy has its origin from a military background and therefore many definitions of this term have a military connotation.

Speaking informally to a group of MBA students at Harvard Business School, Jack Welch explained that, strategy is trying to understand where you sit today in today's world, where you wish you were and where you hoped you would be. And it is trying to understand where you want to be. It is assessing with everything in your head the competitive changes that you can capitalize on, or ward off to go from here to there. It is assessing the realistic chances of getting from here to there. This is a very clear and practical definition of the term strategy. It defines the role which a strategic leader will usually play.

IMPORTANCE OF STRATEGIC LEADERSHIP

Strategic leadership provides the vision and direction for the growth and success of an organization. It

comes into play mostly when change is anticipated. This is because when an organization decides to introduce change, an effective strategy is required and strategic leadership will often play a huge role in making the change successful. To successfully deal with change, all executives need the skills and tools for both strategy formulation and implementation. Managing change and ambiguity requires strategic leaders who not only provide a sense of direction, but who can also build ownership and alignment within their work groups to implement change.

Role of Strategic Leadership

Strategic leaders have been defined as the ones having organizational ability with strategic orientation. These are leaders that have the ability to see the whole picture and to know how to attain it. These are leaders who can translate strategy into action. They are able to not only formulate the strategy but to actualize it. They are able to align people and organizations. They fit everyone where everyone needs to be. Someone once said that strategic planning is getting the right people into the right bus and strategic leadership is getting the right people into the right seat. Once the people are in the right bus often times many leaders do not know how to place people in the right place. The right place is where an individual can contribute and be more effective in the organization. A strategic leader will always identify talent in his team and will determine effective strategic intervention point. He will know at what point a particular talent is needed. He will also develop strategic competencies so that he can get the best out of his team.

A strategic leader displays a dissatisfaction or restlessness with the present. They are not content with the status quo and therefore the strategic leaders will always find a way of moving from the status quo towards a much better system or new goals. However, a true strategic leader does not challenge the status quo for the sake of it; he only does that when the status quo threatens the gains made in the business. For him to achieve his objective of moving from one point to the next, he must develop an adaptive capacity. The concept of adaptive capacity is a strategy that enables leaders to change and learn through asserting that 'mastering chaos, complexity and change requires new ways of 'seeing and thinking'. To master chaos and change requires a leader to have a strong adaptive capacity. This means that the leader has to re-develop his ideas, his thinking, his response to situations, his hiring style, his training methodologies, his business planning, his client approach tactics and his business models. A strategic leader absorbs himself into the strategy, into the new approach and therefore is able to lead strategically.

A strategic leader's focus should not be for today only, or for the now, but he should be strategically future oriented. His eyes must remain on the horizon, not just on the near at hand. He influences the organization by aligning their systems, culture, and organizational structure to ensure consistency with the strategy. Influencing employees to voluntarily make decisions that enhance the organization is the most important part of strategic leadership. A strategic leader, in both instances, prepares for the future and considers both the long-term goal as well understanding the current contextual setting of the organization.

Job Talk on Project Management Rtn. Sylvia Kwamboka

Project management has become popular, not only in formal organizations but also in informal structures, and is increasingly being viewed as “a way of life”. One simple definition of a project is that it is a temporary endeavor undertaken to create a unique product, service or result.

When venturing into a project, many contributing factors need to be taken into account. Questions are usually asked such as, what are the tasks that will be required and how long will each task take?

Are there dependencies between these tasks?
Are there specialist skills or trainings required?
Do we need to hire sub-contractors for certain aspects of the project?

Although the initial brief may not contain all relevant details or be fully documented, it is critical that proper project planning is carried out to reveal risks or omissions e.g. fixing of unrealistic deadlines. It is clear that planning a project is a balancing act between achieving quality of a product or service, within realistic timeframes while keeping costs at a minimum. These three – Quality, Cost and Time – are known as the triple constraints. In order to try and maintain this balance between the triple constraints, a proper business case needs to be done and understood by all

stakeholders, with us fostering their buy-in. The business case serves as a justification for the project and can be a point of focus and reference throughout the project lifecycle.

Many projects fail because focus is placed on either one of the constraints instead on keeping an eye on all the 3 constraints; Time, Budget and Scope e.g. delivering a product or service in a short period of time may have an impact on the quality of product or service, and may end up being expensive. Setting up critical success factors to measure project success is necessary in ensuring project success. It is also beneficial to ensure that a project plan with enough details is done showing deliverables, resource requirements, cost estimates and a realistic timescale. It is also good to note that a motivated team and proper communication is key in ensuring the success of a project.

Rotary International provides a platform in which members contribute their skills, expertise, and financial support to promote peace, fight disease, provide clean water, save mothers and children, support education, and grow local economies. Rotary has adopted project management standards by providing a guide in which projects can be planned, outcomes measured and funds managed responsibly. It is important to note that as a club and as Rotary as a whole, we stand to benefit by adhering to good project management principles as highlighted above. This not only sees our projects succeeding but also makes us achieve our maxim which is Service Above Self



How Your Professional Life And Career Can Benefit When You Give Back To The Community

In the last few months I have been attending Rotary Club of Muthaiga meetings as a guest courtesy of the club president. If you are not familiar with rotary please visit their website and you will learn that Rotary is a global network of 1.2 million neighbors, friends, leaders, and problem-solvers who come together to make positive, lasting change in communities at home and abroad.

Apart from their warm hospitality I have picked a few lessons applicable to anyone looking to advance their career by joining a club such as Rotary whose sole purpose is to give back to the community.

Today's article is on how your career and professional life can benefit by joining a social club such as Rotary.

If career advancement is one of your long term or short term goals, the normal way of thinking will lead you to concentrate on going back to school to get those professional paper's, a Master's Degree or even a PhD depending on your level.

With that and other competing priorities in life, it is possible that the thought of joining any social or professional groups like the Rotary Club will often take a back seat.

Before you nod in affirmation, thinking in this way will result in you missing out on the benefits that come about professional or social groups which is why I want to challenge that school of thought.

Your papers and working hard in your job will only contribute about 40% of your career success and you have to fill in the remaining 60% through external activities surrounding networking and personal branding. This is where social and professional groups will come in.

So how can Social groups contribute to your advancement, career wise?

Networking & Mentorship opportunities with accomplished professionals

Joining a professional or social group such as the Rotary Club helps by putting you in the same space

with other professionals. Where it would have otherwise taken you forever or not at all to meet each of the people you now have an opportunity to network with now. It helps to go from just exchanging business cards or seeing each other in the regular meeting to actually creating a relationship where they know what you do and are good at and vice versa.

It is easy to make lasting ties with other professionals by establishing common points of interest or similar concerns whether you are in the job market or in business. These ties will unlock opportunities for you.

Whatever you want to achieve it is very likely that someone else in your social/professional group has already done it. Walking up to them for mentorship is easy! You already have the group in common.

Great Resume' Builder

Being an active member of Professional or Social groups provides you with a great opportunity for you to build your CV. Think of what having served as the President for example or being on the board of directors committee says about you to an employer or even potential employer. It speaks volumes about your leadership skills and sets you up for leadership roles within your career journey.

If you are a fresh graduate who lacks prior work experience, such groups are a great way to build your initial CV and open doors for even greater opportunities. If you are an accountant for example, volunteering to keep and manage financial records for the group you belong to sure will look good on your CV.

Great opportunity to hone your soft skills.

Being successful in your career takes more than being technically good at what you do. Soft skills such as leadership, people management, presentation and public speaking also add a lot of value in your career. These soft skills play a key role in determining

ing who is picked for a top job and who isn't. You will not grow to become the MD of a large multinational for example without honing your soft skill.

Being an active member of such groups helps you practice and hone you soft skills setting you up for greater career success. The next time your club needs volunteers to take up leadership positions in varying capacities, do not shy away from taking it up.

Be the hand that gives...

Do you want to live a better, happier life? Then give more, research actually backs this up. A section of our brain releases oxytocin the "happy hormone" when we give our time, expertise or resources for a good course without expecting anything in return. The simple act of giving results into so many health benefits such as a reduction in depression and other mental illnesses.

I am yet to come across a grumpy and depressed professional advancing career wise. People work with who they like and being happy, approachable and easy to work with is a step closer to your career success.

Better Way To Spend Your Time Off Work

If you are the type that leaves the office in a hurry only to end up stuck in traffic for hours, why not join you club or group for that networking cocktail, coffee or simply just a meetup? With this you get to learn a new thing each time and make better use of your time.

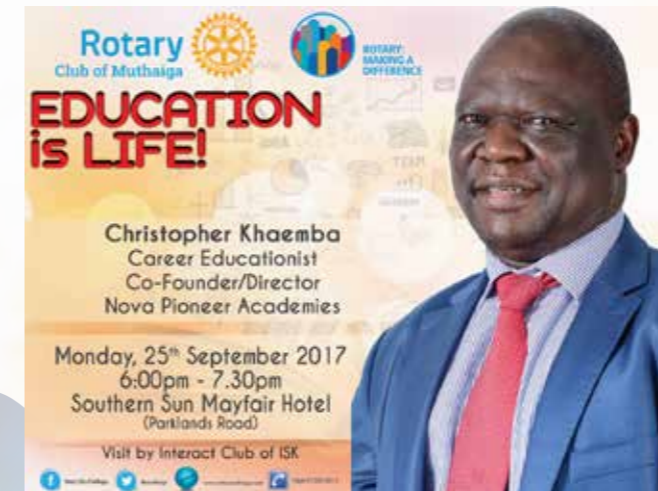
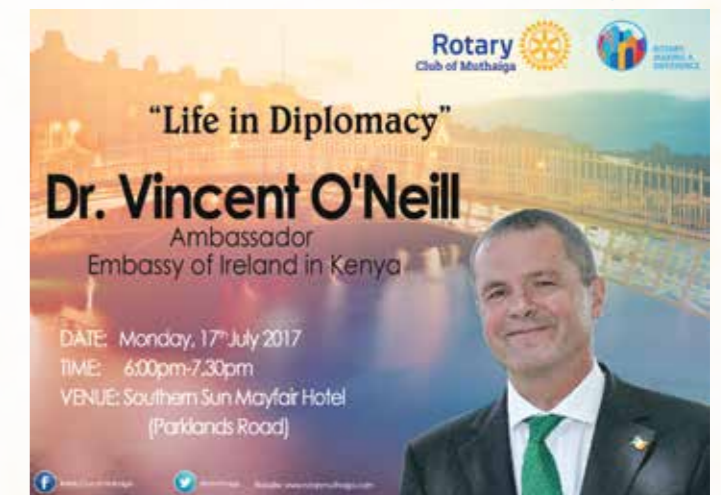
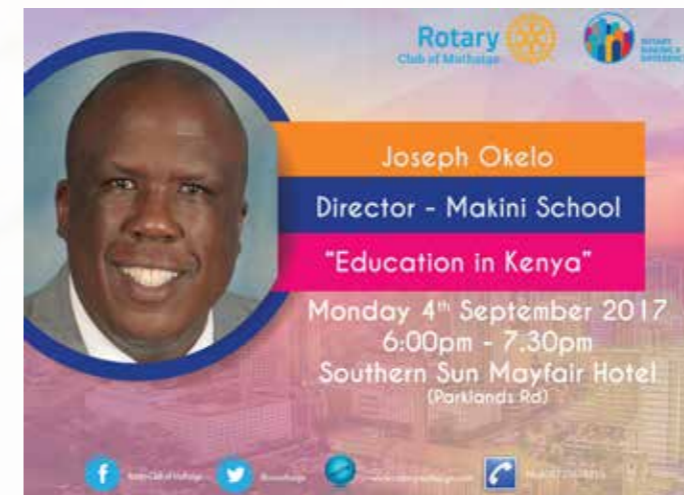
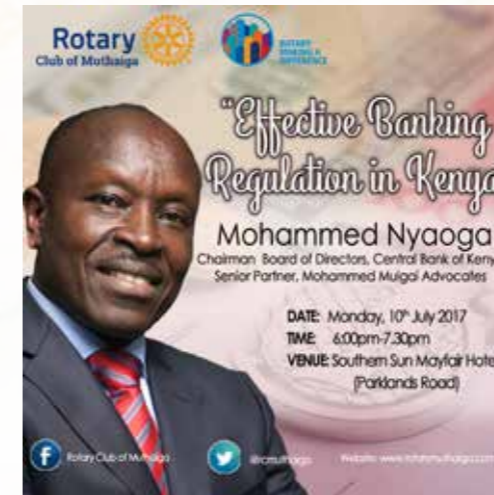
You never know how the people you meet will contribute to your career growth or simply your life in general. Putting in some work for charity or community service is also a better way to spend a weekend that watching TV. This will also help you will begin your week feeling refreshed and ready to give your best.

Perminus Wainaina is a Certified HR Consultant, Career Coach and Managing Partner of Corporate Staffing Services, a leading recruitment & HR firm in Kenya

My View of Rotary and Rotary Club of Muthaiga, by Guest Taphenes Lydia Kaniaru

Rotary clubs are known for the high-impact service projects they undertake locally and globally. Rotary members have pushed polio to the brink of eradication, delivered clean water to those in need, improved their local communities, provided scholarships to the next generation of peacemakers, and continued to do good in the world.

I have attended Rotary Club Muthaiga's meetings since September 2016. I would previously visit occasionally but as from January 2017 I became a regular visitor committed to be part of the Rotary club of Muthaiga. I am passionate about helping the community, individually having been part of other charity organizations and initiatives, such as giving food to the homeless, working with the elderly, coaching and umpiring junior sport teams, rescuing sick and injured animals. I have talked to representatives of the local council, or some neighborhoods associations to establish relevant local project needs. Examples might be cleaning the rubbish from a local creek, or helping to plant trees near a railway station or public space



QUARTER 1 ESHOTS

Rotary THE BIG JOINT FELLOWSHIP
Martin Oduor-Otieno, CBS
 "Effective Leadership"
 DATE: Monday, 31st July 2017
 TIME: 6:30pm to 8:30pm
 VENUE: Southern Sun Mayfair Hotel (Parklands Road)
 Welcome All



Rotary Club of Muthaiga
 ROTARY: MAKING A DIFFERENCE
 NO MEETING
 DATE: Monday, 7th August, 2017

Rotary Club of Muthaiga
 Job talk on Project Management
 Rtn. Kanyana Muriuki
 Rtn. Sylvia Kwamboka
 Rtn. Mercy Muriigi
 Monday, 21st August 2017
 6:30pm - 7:30pm
 Southern Sun Mayfair Hotel (Parklands Road)



Rotary Club of Muthaiga
 "The District Governor's Official Visit"
Peter Mbu
 District Governor
 Rotary District 9212 - 2017/18
 DATE: Monday, 14th Aug. 2017
 TIME: 6:30pm-7:30pm
 VENUE: Southern Sun Mayfair Hotel (Parklands Road)

Rotary Club of Muthaiga
Rtn. James Mwangi
 District 9212 Membership Co-ordinator
 Monday, 28th August 2017
 6:00pm - 7:30pm
 Southern Sun Mayfair Hotel (Parklands Road)
 MEMBERSHIP STRATEGIES FOR GROWTH AND ENGAGEMENT

Rotary Club of Muthaiga
 CLUB Assembly MEMBERS ONLY
 DATE: Monday, 24th July 2017
 TIME: 6:00PM to 7:30PM
 VENUE: Southern Sun Mayfair Hotel (Parklands Road)



Rotary Club of Muthaiga
Insights on Publishing
 Klarie Kamau
 Chief Executive Officer
 East African Educational Publishers
 Monday, 11th September 2017
 6:00pm - 7:30pm
 Southern Sun Mayfair Hotel (Parklands Road)

Rotary Club of Muthaiga
KOROGA
 2PM
 Kshs.1500
 Paybill: Business No. 509763
 Account No. Koroga
GOAN GYMKHANA
 THIS SATURDAY
 26/AUG/17
 Contact: Alex 0722971515







FROM
THE Archives



throw back



2017 CALENDAR

ECONOMIC & COMMUNITY DEVELOPMENT

10 | OCTOBER
2017

2	Club Fellowship- Guest Speaker	Women in Rotary
9	Club Fellowship - Guest Speaker & Inductions Club Board Meeting	Rotary Symbols
14	Club Project Visit District - Regional Training (DGN Joe Otin) - District	
15 - 21	Other - Rotary Friendship Exchange - D9125 Abuja, Nigeria	
16	Club Fellowship - Guest Speaker	Rotary Motto
23	Club Assembly- Members Only	
24	International - Rotary's World Polio Day	
30	Club Fellowship - Guest Speaker	Six Areas of Focus

ROTARY FOUNDATION

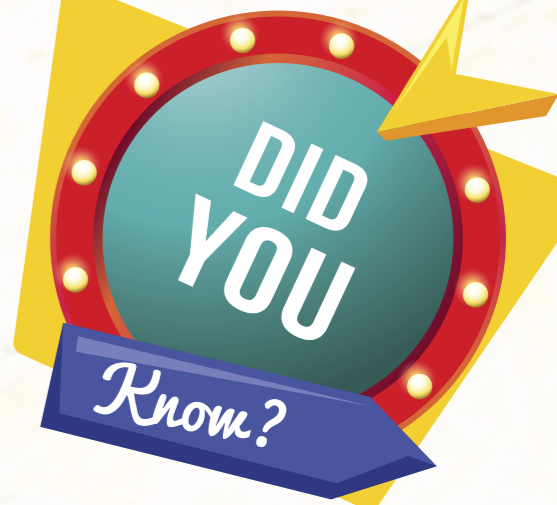
11 | NOVEMBER
2017

4	Club Project Visit District Tree Planting	
3 - 5	District - Interact Leadership Conference	
6	Club Fellowship - Guest Speaker*	What is TRF?
11	International Day - Rotary at UN	
13	Club Fellowship - Guest Speaker	Paul Harris
16 - 19	District - Rotary Youth Leadership Awards (RYLA)	
20	Club fellowship - Job Talk Panel* Club Board Meeting	EREY
24	District - TRF/MD/PHS Dinner (DGE Jeff Bamford)	
25	District - Women in Rotary	
27	Club Fellowship - Project showcase/ Types of projects	Grants/District projects & Club projects

DISEASE PREVENTION AND TREATMENT

12 | DECEMBER
2017

2	Club Project / Training*	Maternal & Child
4	Club Elections Club Board Meeting	
11	Club Fellowship - Guest speaker	End Polio Story
15	International - End of Early Registration Discount Rotary International Convention	
16	Club End Year Party	
18	Club Fellowship - Guest speaker	Water & Sanitation / WASH
25	Christmas Break	



Rotary Club of Muthaiga (RCM) is 20 years old; it received its Charter on 22nd May 1997 and recently celebrated its 20th Anniversary at Muthaiga Country Club on the 26th May 2017. Indeed RCM is now commonly known as the hottest Club in Nairobi, and one of the leading Clubs in East Africa. Its original logo was designed by Zia Manji and features a vintage car that tied in with the theme of the Muthaiga Club community of the 40's + 50's.... (Depicts club's roots)

By PP Pete Hurst, Chairman Muthaiga @ 20, Organizing Committee



Congratulations on your Retirement Rtn. Angelina Wapakhabulo



PDG Geeta, Congratulations on your Appointment as Lead Facilitator on the 2018 Regional Training Institute Planning Team



ROTARY CLUB OF MUTHAIGA

CONGRATULATIONS
Congratulations to the new Granny PP. Jane Otima

CONGRATULATIONS
Congratulations to the new Daddy Rtn. Douglas

Maithori, Carole	11-Jul
Mungai Joan	12-Jul
Nyuguto, Gerald	14-Jul
Otupa Josiah	17-Jul
Gitoho, Isaac	24-Jul
Nyakeri, Willys	27-Jul

Scholl, Hans-Juergen	01-Aug
Ndiba Mary	05-Aug
Mbatia, Lorna	16-Aug
Kaiganaine, John	18-Aug

Raja, Sonia	02-Sep
Foulser, Robert L.	05-Sep
Soni Sanjiv	05-Sep
Manek, Kaushik Liladhar	09-Sep
Kangara, Cecil	12-Sep
Njeri, Victoria Mary	14-Sep
Waithaka, Kuria Kihara	17-Sep
Amimo, Uduak	19-Sep
Kariuki Magdalene	22-Sep
Bomett, Sandra	29-Sep
Njiraini, Douglas Gicho	29-Sep
Manek, Jay	30-Sep





**Rotary Club of Muthaiga meets every Monday, 6.00pm at
Southern Sun Mayfair (Parklands Road) Nairobi**

Rotary

Club of Muthaiga



**ROTARY:
MAKING A
DIFFERENCE**